



Dr. Stuart Kordonowy

473 Hendersonville Rd., Suite C  
Asheville, NC 28803

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(828) 277-0903 FAX 277-2754

## Confidential Patient Health Record

TODAY'S DATE: \_\_\_/\_\_\_/\_\_\_

Who can we thank for referring you to us? \_\_\_\_\_

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ DOB: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_\_\_

SSN: \_\_\_\_\_ (some insurance companies ask for this when confirming your benefits)

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Email address: \_\_\_\_\_

Primary Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Preferred Language: \_\_\_\_\_

Gender: Male/Female Marital Status: Single Married Widowed Divorced Separated

Emergency Contact Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Who is responsible for your bill? **YOU and....(Circle one)**

Myself ONLY Spouse Worker's Comp Auto Insurance Medicare Medicaid Other Health Insurance

Smoking Status (Circle one): Everyday Smoker/ Occasional Smoker/ Former Smoker/ Never Smoked

Smoking Start Date (Optional): \_\_\_\_\_

*CMS requires providers to report both race and ethnicity*

Race (Circle one): American Indian or Alaska Native / Asian / Black or African American / White /  
Native Hawaiian or Pacific Islander / I Decline to Answer

Ethnicity (Circle one): Hispanic or Latino / Not Hispanic or Latino / I Decline to Answer

Are you currently taking any medications? (Please include regularly used over the counter medications)

Medication Name	Dosage and Frequency (i.e. 5mg once a day, etc.)

Do you have any medication allergies?

Medication Name	Reaction	Onset Date	Additional Comments

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Blood Pressure: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

### *Employment Information*

Business Name: \_\_\_\_\_ Occupation/Title: \_\_\_\_\_  
Phone: (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_  
Job Description: \_\_\_\_\_

### *Doctor Information*

Primary Doctor Name: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_  
Do we have your permission to communicate with your doctor regarding your care in our office? Y / N  
Patient Signature: \_\_\_\_\_

Unwanted Condition (Why are you here today?) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Use the letters below to indicate the TYPE  
and LOCATION of your sensations  
right now.

Key: A=Ache B=Burning N=Numbness  
P=Pins & Needles S=Stabbing

When did this condition BEGIN? \_\_\_\_/\_\_\_\_/\_\_\_\_

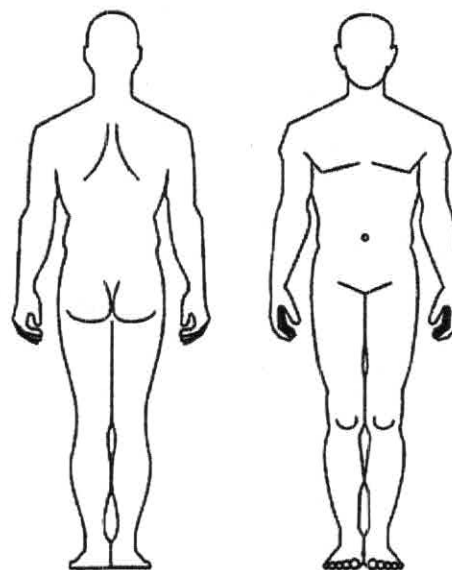
Has it ever occurred before? Y / N When? \_\_\_\_\_

Do you SUFFER with ANY OTHER condition than which you  
are now consulting us?  
\_\_\_\_\_  
\_\_\_\_\_

On a scale of 1-10, with 10 being agony and 1 being nearly no  
pain, what number best describes your pain:

at rest: 1 2 3 4 5 6 7 8 9 10

with activity: 1 2 3 4 5 6 7 8 9 10



### *Past Health History*

Have you seen other doctors for THIS CONDITION? Y / N If yes, Who? (Name) \_\_\_\_\_  
Type of Treatment: \_\_\_\_\_ Was the treatment beneficial in resolving condition? Y / N  
Explain: \_\_\_\_\_

Have you received prior Chiropractic care? Y / N Doctor's Name: \_\_\_\_\_  
Location: \_\_\_\_\_ Date of last visit: \_\_\_\_\_

Please list any and all health conditions, surgeries, and injuries (please write DATE(s) of occurrences):  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

# Functional Rating Index

For use with Neck and/or Back Problems only.

In order to properly assess your condition, we must understand how much your neck and/or back problems have affected your ability to manage everyday activities. For each item below, please circle the number which most closely describes your condition right now.

## 1. Pain Intensity

0	1	2	3	4
No pain	Mild pain	Moderate pain	Severe pain	Worst possible pain

## 2. Sleeping

0	1	2	3	4
Perfect sleep	Mildly disturbed sleep	Moderately disturbed sleep	Greatly disturbed sleep	Totally disturbed sleep

## 3. Personal Care (washing, dressing, etc.)

0	1	2	3	4
No pain; no restrictions	Mild pain; no restrictions	Moderate pain; need to go slowly	Moderate pain; need some assistance	Severe pain; need 100% assistance

## 4. Travel (driving, etc.)

0	1	2	3	4
No pain on long trips	Mild pain on long trips	Moderate pain on long trips	Moderate pain on short trips	Severe pain on short trips

## 5. Work

0	1	2	3	4
Can do usual work plus unlimited extra work	Can do usual work; no extra work	Can do 50% of usual work	Can do 25% of usual work	Cannot work

## 6. Recreation

0	1	2	3	4
Can do all activities	Can do most activities	Can do some activities	Can do a few activities	Cannot do any activities

## 7. Frequency of pain

0	1	2	3	4
No pain	Occasional pain; 25% of the day	Intermittent pain; 50% of the day	Frequent pain; 75% of the day	Constant pain; 100% of the day

## 8. Lifting

0	1	2	3	4
No pain with heavy weight	Increased pain with heavy weight	Increased pain with moderate weight	Increased pain with light weight	Increased pain with any weight

## 9. Walking

0	1	2	3	4
No pain; any distance	Increased pain after 1 mile	Increased pain after 1/2 mile	Increased pain after 1/4 mile	Increased pain with all walking

## 10. Standing

0	1	2	3	4
No pain after several hours	Increased pain after several hours	Increased pain after 1 hour	Increased pain after 1/2 hour	Increased pain with any standing

Name \_\_\_\_\_

PRINTED

Signature \_\_\_\_\_

Date \_\_\_\_\_

Total Score \_\_\_\_\_

## **Informed Consent To Chiropractic Treatment**

I hereby request and consent to the performance of chiropractic adjustments and other chiropractic procedures including various physical therapy modalities, and if necessary, diagnostic x-rays on me (or on the patient named below, for whom I am legally responsible: \_\_\_\_\_) by the chiropractic physicians and/or anyone working in this office authorized by the chiropractic physicians.

I further understand that such chiropractic services may be performed by Stuart Kordonowy, D.C., and I have had the opportunity to discuss with Dr. Kordonowy and/or with other clinic personnel the nature and purpose of chiropractic adjustments and other procedures. I understand that results are not guaranteed.

I understand and am informed that, as in the practice of medicine and all health care, the practice of chiropractic carries some risks to treatment, including, but not limited to, fractures, disc injuries, strokes (CVA), dislocations, and sprains. I do not expect the physician to be able to anticipate and explain all risks and complications. Further, I wish to rely on the physician to exercise judgment during the course of the procedure for which the physician feels are in my best interests, at the time, based upon the facts then known.

I have read, or have had read to me, the above consent. I have also had an opportunity to ask questions about its content, and by signing below, I agree to the treatment recommended by my physician. I intend this consent form to cover the entire course of treatment for my present condition(s) and for any condition(s) for which I seek treatment at this facility.

**I acknowledge that I have received the Clinic's Notice of Privacy Practices for protected health information.**

**Patient Print Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Patient's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**KORDONOWY CHIROPRACTIC CENTER**

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***Patient Authorization***

**Standard Authorization of Use and Disclosure of Protected Health Information**

**Information to Be Used or Disclosed**

The information covered by this authorization includes:

Appointment reminders, information about treatment alternatives, or other health related  
information that may be of interest to you.

**Persons Authorized to Use or Disclose Information**

Information listed above will be used or disclosed by:

Kordonowy Chiropractic Center

Name of Person Organization

**Expiration Date of Authorization**

This authorization is effective through \_\_\_\_\_ unless revoked or  
terminated by the patient or patient's personal representative.

***Patient Rights***

**Right to Terminate or Revoke Authorization**

You may revoke or terminate this authorization by submitting a written revocation to this  
office and contact the Privacy Officer.

**Potential for Re-disclosure**

Information that is disclosed under this authorization may be disclosed again by the  
person or organization to which it is sent. The privacy of this information may not be  
protected under the federal privacy regulations.

I understand this office will not condition my treatment or payment on whether I provide  
authorization for the requested use or disclosure.

***If you understand and agree with all of the above policies, please sign your name below.***

\_\_\_\_\_  
Patient or Legally Authorized Individual Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Patient's Full Name

\_\_\_\_\_  
Time

\_\_\_\_\_  
Witness Signature

\_\_\_\_\_  
Date

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***Consent to use PHI***

**Acknowledgement for Consent to Use and Disclosure of Protected Health Information**

**Use and Disclosure of your Protected Health Information**

Your Protected Health Information will be used by KORDONOWY CHIROPRACTIC CENTER or may be disclosed to others for the purposes of treatment, obtaining payment, or supporting the day-to-day health care operations of this office.

**Notice of Privacy Practices**

You should review the Notice of Privacy Practices for a more complete description of how your Protected Health Information may be used or disclosed. It describes your rights as they concern the limited use of health information, including your demographic information, collected from you and created or received by this office. I have received a copy of the Notice of Patient Privacy Policy. \_\_\_\_\_ Patient Initials

**Requesting a Restriction on the Use or Disclosure of Your Information**

- You may request a restriction on the use or disclosure of your Protected Health Information.
- This office may or may not agree to restrict the use or disclosure of your Protected Health Information.
- If we agree to your request, the restriction will be binding with this office. Use or disclosure of protected information in violation of an agreed upon restriction will be a violation of the federal privacy standards.

**Notice of Treatment in Open or Common Areas**

Describe and Notify private areas available upon request

**Revocation of Consent**

You may revoke this consent to the use and disclosure of your Protected Health Information. You must revoke this consent in writing. Any use or disclosure that has already occurred prior to the date on which your revocation of consent is received will not be affected.

***By my signature below I give my permission to use and disclose my health information.***

\_\_\_\_\_  
Patient or Legally Authorized Individual Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Patient's Full Name

\_\_\_\_\_  
Time

\_\_\_\_\_  
Witness Signature

\_\_\_\_\_  
Date